ENTRY FORM

**The entry fee is £7 per Adult, £3 for a Child (U16) and £20 per family (max. 5)**

Entry fees will be donated to this year’s chosen charity, Mind Monmouthshire

**Primary Entrant / Main Contact Details (Adult)**

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| --- | --- | --- | --- | --- |
| Name |  | Entry fee: | £ | Race No. |

**Primary Entrant and Main Contact Address**

|  |
| --- |
| Postcode Tel No : |

|  |
| --- |
| Email address |

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| --- |
| Team Name (Optional) |

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| --- | --- | --- | --- | --- |
| Additional Entries  Name : | Adult  (Tick) | Child  (Tick) | Entry Fee | Race number |
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| **Terms and Conditions of Entry** | **I / WE HAVE READ AND UNDERSTAND THE TERMS AND CONDITIONS OF ENRTY AND I / WE AGREE TO THE DECLARATION** | (TICK) |

I, the adult primary entrant declare that I and the other people named on this form are medically fit to take part and I / we enter at our own risk. I / we understand that the organisers cannot be held responsible for any illness incurred during or as a result of my / our participation in this event or for any property lost, stolen or damaged. I / we agree to abide to the Highway Code or as directed by marshals and the event rules as displayed at the start venue. The adult primary entrant is entirely responsible for all U16’s within their family group or team. I’m also happy to be contacted by email for future events.

**Registration opens at 0845 (closing at 0930) on the day of the event at the Old Monnow Bridge.**